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# The New Wrinkle

Georgetown Senior Center "Where Friendship is Ageless" September, October 2010

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Jenison, MI 49428

Fall is beginning again and some of us enjoy getting back into a routine. The Georgetown Seniors enjoy many different activities from day to day, from exercise and computer classes to water color and Bible study. We welcome new members and would love to share our daily activities with you.

We hope to continue to enjoy our new sun porch this fall in the back of our center.

# **Center Information**

Director:

Pam Haverdink

Administrative and Transportation Coordinator:

Melanie Prins

**Activities Coordinator:** 

Rachelle Koetje

Meal Coordinator:

Carla Martin

Maintenance:

Dennis Wilson

# **Volunteer Secretaries**

Monday: Jan Kuiper

Tuesday: Wanda Van Klompenberg

Wednesday: Roseanne James

Thursday: Gerry Post Friday: Jan Kuiper

# **Senior Advisory Board**

Coby Brummel Lew Powell Bonnie Feltner Etta Robrahn

Lenora Nichols

# **Specialized Services Volunteer**

Lenora Wilmes

## **CENTER HOURS**

The Senior Center is open Monday—Friday from 8:00 a.m. to 4:00 p.m. In case of inclement weather, the center will be closed when Jenison Public Schools are closed. Please watch Channel 8 or 13!

# **Our Membership**

Membership is open to all men and women 55 and better for the low price of \$5.00, good from January 1—December 31. Please renew your membership for 2010 at any time. There is also a liability form for you to sign. You may pay your membership fee at the center or by mail. We'd also like you to update medical and emergency information throughout the year. 2010 members will be listed on the Birthday and Anniversary page and are eligible to receive Sunshine Cards.

**Newsletters** may be picked up at the Center. However, if you are sick or physically unable to stop by, please give us a call.

Wish list A few things we would like to have.

- Candy for our Halloween Party
- Patio Furniture
- Bingo caller once a month
- Yarn for our new knit/crochet club

#### Lunch

Lunch is served at the center Tuesday—Friday at 11:45 a.m. We suggest individuals 60 and over donate \$2.00 per meal and those under 60 donate \$3.50 per meal. You may choose the hot meal or the lite meal. Please register **in advance** by calling 457-1170.

## **Transportation**

We are extremely fortunate to operate our own bus system for individuals with special needs or 55 and older. The fee is \$5.00 each way when driven to a medical appointment. \$6.00 each way for work or a personal trip. If you'd like to come to the Center for the meal or any activity, the fee is \$1.50 per ride. Please call the Center for more information or to schedule your ride.

We are attempting to stream-line some transportation to the East Beltline area, including Cascade, East Paris, and Blodgett Hospital. If you need to schedule an appointment on that side of town, it would work best for us to have you there by 9:30 or 10:00 a.m. In order to provide a better service with more efficiency, your cooperation would be appreciated.

Our Drivers:

Don Benninger
Rick Steenbergen
Rich Schillne
Barry Miller

Al DeFrancesco
Les Van Wyk
John Hanes



# **Monthly Specials**

## **Potluck Birthday Party**

Join us on various Mondays of each month at noon for a delicious meal and a great time. We will provide the main dish and you can bring a delicious hot or salad to share. A meeting and entertainment will follow the meal. People celebrating their birthday or anniversary during the month will be recognized prior to the entertainment. If you are celebrating, please bring a cake or dessert as your dish to pass. We begin at 12:00pm.

Date: October 4: Gary Brandt Sponsored by Sunset Manor Cost: \$1.00 member, \$2.00 nonmember or guest.



#### **Lunch Bunch**

Join us for these excursions while dining at some of West Michigan's favorite restaurants. Set aside your worries and fears of city driving and climb aboard one of our buses to the following. Participants will pay for their own lunch, gratuity and \$3.00 for the ride. Dates: Monday, September 20: Phil's Bar and Grill and Mermaid Bar and Grill Mark your preference when you sign up. (\$8-\$12 price range). Leave at 11:00am

Monday, October 18: Reds on the River Leave at 11:30am (\$9-\$15 price range).

# **Breakfast Bingo**

It's the perfect combination: breakfast and bingo at Georgetown Senior Center. Relax, Renee will do all the cooking. On the fourth Monday of each month, you can join us for all the pancakes you can eat and try your luck at grocery bingo. \$.25 per



bingo card. The grand prize will be an extra special surprise!

Dates: Monday, September 27 at 9:30 a.m. Monday, October 25 at 9:30 a.m. Sponsored by Sunset Home Health Cook Family Services & Lincoln Square

#### **BUNCO**

Join us for this fun dice game—no experience needed! You just need to be a lucky roller! Prizes too!

There is a new winner each

time, come on in!

Dates: Thursdays, September 2 and 23 Sponsor: We Care 4 U

October 14 and 21 Time: 12:30pm



# **Cooking Corner for Seniors**

**Caramel Pecan Crunch** 



1 stick of Oleo

1 Cup of

Brown Sugar

1/2 Cup of Dark Karo Syrup

1 12oz box of Crispix

1-2 Cups of pecans

Melt together butter, sugar and syrup and then in a large bowl with cover pour Cereal and pecans in and pour melted mixture over the dry ingredients. Shake until covered. Then place on two 9X13 cookie sheets and cook in the oven at 250 degrees for one hour turning every 15 minutes. When finished place mix on wax paper to cool and then in dry storage or ziplock bags.

YUMMY YUMMY YUMMY!!!!!

**Movies at the Center** 

Dates: Monday, September 27 Monday, October 25 TBA

Time: 12:30p.m.

Cost: \$1.00 for snacks and goodies.

Library Program
Exercise at Any Age
September 22 1:00-2:00pm



A representative from Holland Home will show seniors how to create a safe and effective exercise program. **Call Library at 457-9620.** 

# **Classes and Events**

# **Bible Study**

We would like to invite all participants to join us for our interdenominational Bible Study every Friday. The interesting studies are based on topics using various books of the Bible. We start at 10:30 a.m., led by the following:

September 3: Rev. Cecil Martens

September 10: Ernie Fiebig

September 17: Rev. Robert Whinnen

September 24: Rev. Jerry Van Groningen

October 1: Rev. Patrick Mc Gillicuddy

October 8: Rev. Terry Genzink

October 15: Dale Cooper

October 22: Rev. Daniel Mouw

October 29: Rev. David Crompton



Georgetown Seniors exercise every Tuesday and Thursday from 10:15 to 11:15 a.m. with Instructor, Cathy Walker. These exercises are low impact, some movements done while sitting and some while standing. Cathy will talk you through each move to the beat of your favorite old-time music. Join in the fun, they are always laughing and enjoying themselves—imagine that, exercise that is fun! The cost is \$1.00 per class. **No Class Sept 7 & 9** 

# **NEW Knit & Crochet Group & Inner City Christian Federation Presentation (ICCF)**

We want to start this new group for those of you who love to knit and crochet. Anyone is welcome to hear Deb Armstrong speak about ICCF.

See more information on Page 11.

Dates: Tuesdays beginning Sept 14

Time: 2:30pm



# **Eat Smart Live Strong**

The Ottawa County Wellness Coalition invites you to a session of healthy eating and physical activity. This **free** session, led by a registered dietitian, will discuss ways that older adults can make smart food choices and exercise more. Learn how you can **Eat Smart and Live Strong!** All participants will receive **free prizes at each session**.

Date: Tuesday, September 14.

Time: 1:00-1:30p.m.

Cost: Free



# **Home Weatherization Workshop**

A seminar on how to reduce energy costs and demands on natural resources throughout the year. The Ottawa

County Community Action agency provides a weatherization program for eligible households in Ottawa County. Those who meet the program's requirements are provided with an inspection that determines what is needed to weatherize the home. Licensed contractors then come in to make the repairs.

Date: Monday, October 11 Cost: Free

Time: 1:00-3:00pm

# Quilting

Our busy quilters meet every Tuesday from 9:00 to 11:30 a.m. making quilts for those in need. Most products have been donated by generous people like yourself, but they are in need of batting, (even if they are scrap pieces that can be sewn together), old blankets or clean mattress pads.

Thank you to our quilters for all of their dedicated hard work.

# **Watercolor Painting Class**

Have you always dreamed of being an artist? Then you would love this watercolor class. Taught by artist Vicki Marnich-Reynolds, the class covers various watercolor techniques for beginner and intermediate artists. Join Vicki for class on Wednesdays from 9:00—12:00 or 1:00-3:45

beginning September 1. Cost: \$5.00 per class

# **Computer Class**

If you'd be interested in taking beginner or intermediate computer classes, please call the center. The classes consist of basic computer knowledge, such as how to surf the internet, email and use Microsoft Word. **Cost \$44 for 4 Sessions** 

Tuesdays Sept. 7-28 Oct. 5-26

Beginning Computers 9:00-10:30am Intermediate Computers 10:45-12:15pm Lab 12:30pm

#### **Tender Care**

Holly is coming to share her expertise on cooking. Of course we just like to eat what she is cooking whenever possible. Join Us!! **Date: Monday,** 

September 13 Time: 11:30a.m.

# **Social Services**

## **Blood Pressures**

This clinic is sponsored by Oak Crest Manors of Jenison with Judy Boven, RN. Judy will take your blood pressure twice a month on the following dates. Thank you Judy for your smile and friendly advice!

Dates: September 2 and 16

October 7 and 21 Time: 10:00a.m.

# **Blood Sugar Checks**

This Clinic is sponsored by Focus Home Care. They Long Term Care will be checking your blood sugar once a month.

Dates: September 16 & October 21 Time: 10a.m.

#### **Commodities**

The Commodities Supplemental Food Program (CSFP) is a nutrition program designed to maintain or improve the nutritional intake of seniors over 60 years old. Seniors who are age 60+, live in Ottawa County, and have an annual income at or below \$12,740 for a household of one and \$17,160 for a household of two, are eligible for this program.

Dates: Tuesdays, September 14 and October 12

Time: 1:30—3:00 p.m.

# **Legal Assistance for Seniors**

Attorney Bill Hendry donates his time to help seniors with their legal questions. Please call the Center to set up an appointment.

# **Meijer Shopping Trips**

Each Friday afternoon, Georgetown Transportation will drop you off at Meijer for shopping time. Call the center to arrange pick-up. Cost: \$3.50 per person, round trip

## Flu Shots

We have set up 2 days for flu shots through Sunset Manor's Home Services. Please sign up for a time or schedule a time with us. Times will be scheduled every 1/2 hour. Dates: Tuesday Oct. 12 10-1pm & Fri Oct. 15 Noon -2:00p.m.

# **Hearing Clinic**

Beltone will be here to clean and/or check your hearing free of charge. Sign up at the desk.

Date: Monday, November 8 Time: 1:00pm Cost:Free



#### **Podiatrist**

You have asked and we have found a Doctor of Podiatry. Sign up Today!

Date: Monday, October 18

Time: 9:30-11:00am

## **Elder Law Solutions Lunch and Seminar**

A variety of topics will be explored: Medicare and Medicaid Planning Social Security Estate Planning VA Benefits **Caregiver Contracts** Guardianship Issues We will be eating a pizza lunch with salad and breadsticks while listening to this seminar.

Date: Tuesday, September 7 Time: Noon Cost: Free

# Medical Monday at Covenant Village

"Living with a Black Dog, his name is Depression"

Gloria Baker, Professor @

Cornerstone University. Date: Mon, Sept. 13

Cost: Free **Time: 9:15am** 

Officer Deputy Hansen

Date: Thursday, September 23

Time: 11:15a.m.

# Welcome New Members

Max Lautenschleger Norma Lautenschleger Sally Sutton Thor Hansen Richard Prince Phyllis Masselink Ahleen Hofstra David Hofstra Shirley Davidson Jim Davidson Norma Kuiper Gertrude Soloway Jerry Wilson Rosita Tipton Mary De Vries John DeVries Rev. John VanderStel

Marie Merritt

# **September Specials**

# Party on the Sun Porch

Enjoy an afternoon out on the new sun porch. Play games, eat some snacks, and enjoy each other's company!

Date: Thursday, September 2 Cost: Free Time: 12:30-2:30pm

# Holland Farmer's Market

Produce is a wonderful thing this time of year. We love this farmer's market to look at but also to buy all of the wonderful fresh fruits. veggies, and flowers.

Date: Wednesday, September 8

Cost: \$3.00 Time: 10:15a.m.





# **Trillium Farms and Hudsonville** Winerv

These are two local places to check out. The Farm grows organic produce and local restaurants use their goods. This should be very interesting. Then

off to wine taste in Hudsonville. Date: Thursday, September 9 Cost: \$3 for transportation.

**Time: 2:30pm** 

# Kerrytown in Ann Arbor Michigan

These historic structures came alive once more as a unique setting for a variety of shops, markets and restaurants. Special care has been taken in preserving the timeless appeal of brick and exposed beams. Several renovations and additions, including a threestory glass elevator, enclosed walkways and most recently a tower of 17 European-crafted bells provide added convenience and entertainment for our customers. Today Kerrytown is a lively marketplace blending the best of the old and new. Kerrytown is named after County Kerry, Ireland, ancestral home of the family of the developer of Kerrytown.

Date: Wednesday, September 15

Time: 8:00a.m.

Cost: \$9.00 for transportation lunch

on your own



## Coloma, MI

What is in Coloma you ask? This is a booming little town. We will visit a couple of local wineries and also Grandpa's Cider Mill where you can sample from over 20 flavors of cider as well as see how the cider process is done. We will discover all there is to do in Coloma, join me. \$4 extra for tasting @ the winery.

Date: Tuesday, September 21 Time: 8:30 a.m. Cost: \$3.00

Transportation, lunch on your own.

# **Spirit of America**

The History of the nation will come to life through historical reenactments, musical entertainment and precision military drill. Historical accounts, taken directly from Soldiers' letters and diaries, provide the story line for this powerful drama, designed to entertain while presenting the history and development of the U.S. Army from its origins through the wars, conflicts, and missions that have molded the Army and the nation.

Date: Saturday, September 25 Time: 1:00p.m.

Cost: \$3.00 for transportation, ticket free.

# Wellington Farm USA "Where it's Always 1932"

A 60-acre open-air interpretive museum designed to provide an educational opportunity for visitors to experience life as it was in rural mid-America during The Great Depression.

Date: Tuesday, September 28 Time: 8:30a.m.

Cost: \$14 includes transportation and

tour. Lunch on your own.

## The Heritage Restaurant

Lunch out at Community College's culinary school. A great dining experience!

Date: Wednesday, September 29 Time: 11:00am Cost: \$3 for transportation lunch on your own.

# "Show off your Collection Day" ALL are welcome

Do you have things you collect? We want to see them. Claire Chaffee, Wilma Quist, and a few more surprise guests will also be showing their collections. Join us for a great afternoon and let Rachelle know what collection you would like to show. An 8-foot table will be available to show your items.

Date: Thursday, September 30 Cost: Free

Time: Set Up anytime after

11:30 or before 12:30Show Begins at 12:45pm. Anyone is welcome to view the collections.

Sponsored by: Sunset Manor

# The Arts

# **Calvin College Faculty Recital**

A great afternoon out to hear the faculty perform from Calvin College. After the concert we will grab a cup of coffee somewhere around town.

Date: Thursday, September 16

Cost: \$3.00 for transportation, coffee

on your own Time: 12:30p.m.



# Anne of Green Gables the Musical

Ageing Matthew Cuthbert suffers a heart attack during harvest, 1903, and his grimvisaged sister determines to adopt an orphanage boy to help with the farm work at Green Gables. By mistake, a girl arrives, red-haired,

freckled and over-talkative. Her vivid imagination and entertaining flow of chatter endear her to Matthew, but sister Marilla is set on packing her back as soon as possible.

Date: Thursday, September 23

Cost: \$17 for ticket and transportation

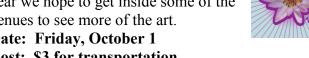
Time: 6:45p.m.

#### **Art Prize**

2nd annual Art Prize. We must go downtown and see all the hype. This year we hope to get inside some of the venues to see more of the art.

Date: Friday, October 1 Cost: \$3 for transportation

Time: 12:30p.m.



# **Almost Maine at Hope College**

On a cold, clear, moonless night in the middle of winter, all is not quite what it seems in the remote, mythical town of Almost, Maine. As the northern lights hover in the star-filled sky above, Almost's residents find themselves falling in and out of love in unexpected and often hilarious ways. Knees are bruised. Hearts are broken. But the bruises heal, and the hearts mend-almost-in this delightful midwinter night's dream.

Date: Weds, October 13

Time: 7:00pm

Cost: \$12.00 for ticket and transportation.

## Our Town at Civic Theatre

Change comes slowly to a small New Hampshire town in the early 20th century. People grow up, get married, live, and die. Milk and the newspaper get delivered every morning, and nobody locks their front doors.

Date: Thursday, October 14

Cost: \$8.00 for ticket and transportation.

Time: Depart 6:30 p.m.

# Music at Mid-day: Chris Dekker-Organ

Park Church always has music sure to please the audience. Prior to the music, we will indulge in their soup and salad bar.

Date: Tuesday, October 19

Cost: \$8.00 lunch and transportation

Time: Depart at 10:30 a.m.

# **Hope College Student Recital**

A great morning out to hear the students perform from Hope College. After the concert we will have lunch somewhere downtown Holland.

Date: Thursday, October 21

Cost: \$3.00 for transportation, lunch

on your own. Time: 10:15a.m.



# **Forest Hills Arts** Center "Cabaret"

Mary Rademacher sings favorites from the Great American Songbook. A little soft-shoe. Three part harmony. Songs from Betty Grable to Cab Calloway. Mary Rademacher will entertain you with her ex-

pressive singing, dancing, humor and charm. Accompanying is husband and wife team, Tom and Cherie Lynn Hagan on the drums,

keyboard, and clarinet; and Michael Lutley on the saxophone and flute.

Date: Tuesday, Oct 26

Cost: \$11 for transportation

and ticket.

Time: 11:45p.m.

No lunch will be served so please eat lunch before

you come.





# **October Specials**

# Lewis Farm Market, Country Dairy, &The Gem Store

This will be a big day out but what fun. Join us for some very festive fall activities. For lunch please specify between a pulled pork barbecue or a chicken salad



wrap.

Date: Tuesday, October 5

Time: 7:30a.m.

Cost: \$25 for transportation, lunch, and all the tours. Includes a small bag of apples donuts and

cider.



# Jenison Health Expo

The big health expo is being held at Hill-crest Church in Hudsonville. Find all of the local information you need while enjoying a continental breakfast and also playing bingo for great prizes.

Date: Wednesday, October 6

Cost: \$3.00 Time: 9:30a.m.

# Gilmore Car Museum

A premiere car museum in West Michigan, The Gilmore Museum should be very exciting. We will enjoy lunch at the Blue Moon Diner too. Please specify if you would like A Chicago Style Dog, Coney Dog, Hot Dog, or Chicken Salad Sandwich.



Date: Thursday, October 7 Time: Depart at 9:00 a.m. Cost: \$19.50 includes admission and lunch and transportation.

# **Michigan Princess**

We are excited to offer this trip on The Michigan Princess Paddlewheel in Lansing, MI on the Lansing River. We are hoping the colors are at their peak and if they are you will see true beauty with brilliant color.

Date: Tuesday,
October 12
Time: 9:15am
Cost: \$39 for
transportation,
lunch, and the boat.





# Holland Farmer's Market

Produce is a wonderful thing this time of year. We love this farmer's market to look at but also to buy all of the wonderful fresh fruits,

veggies, and flowers.

Date: Wednesday, October 13

Time: 10:15am

**Cost: \$3.00 for transportation** 

# Mama's House and Downtown Zeeland

Out for brunch sounds yummy! Join Rachelle on this excursion and see what fun little shops are downtown Zeeland, you will be amazed how it is growing into quite a little town.



Time: 10:00a.m.

Cost: \$3.00 for transportation, brunch and shop-

ping on your own.



# **Halloween Party**



Join us on Thursday, October 28 for our annual slightly haunted Halloween Bash! We'll have games, and a costume parade. Everyone should come in a special costume and winners will receive special prizes.

Date: Thursday, October 28

Cost: \$5.00 includes Pizza, snacks, & Beverages

Time: 11:30

Sponsors: Somerset Manor, Oak Crest Manor,

& Lake Michigan Credit Union



# Porter Hills invites you to... Live your best life.

# Porter Hills

4450 Cascade Road SE, Suite 200, Grand Rapids, MI 49546

Porter Hills offers a wider range of senior living options than any other West Michigan provider plus a growing slate of in-home services that can help you continue to live right where you are, if that's what you prefer. We believe living your best life means making your own choice about how and where you want to live.

Get acquainted with Porter Hills today!

616-949-4975









www.porterhills.org

# NEW!!

A new club is being formed - The Georgetown Seniors Knit & Crochet Club! Its mission will be to create them, Deb would be blessed to receive them that day knitting, and crocheting together. You of course can Contact Rachelle if you are interested. knit and crochet at home as well!

We will begin with making items for Inner City Christian Federation (ICCF) which is located in downtown Grand Rapids. They would love to have blankets, hats and scarves to give to their clients. Deb Armstrong, a manager from ICCF, will be coming to the center to tell us more about this wonderful agency and about who will be blessed by our created items. The date for this presentation is; Tuesday, September 14 at 2:30pm.

This will be our first Knit & Crochet Club meeting! If you have items already made and are willing to donate items that will benefit those in need. We will meet at as well. Also, we are looking for a Senior Center the center on Tuesdays at 2:30pm to spend some time Member to act as a leader for this group.



Brian Nitz Administrator

PH: 616.457.6010 • Cell: 616.822.1174 • FX: 616.457.8889 brian.nitz@baruchsls.org 141-151 Port Sheldon Rd. • Grandville, MI 49418





# **Halloween Party**

Join us on Thursday, October 28 for our annual slightly haunted Halloween Bash! We'll have games, and a costume parade. Everyone should come in a special costume and winners will receive special prizes.

Date: Thursday, October 28 Cost: \$5.00 includes Pizza,

snacks, & Beverages

Time: 11:30

**Sponsors: Somerset Manor,** 

Oak Crest Manor,

& Lake Michigan Credit Union





John Pluger Advance Funeral Planner

616-588-5127 Direct Phone & Fax jpluger@cookfuneralservices.com



Donations for candy would be appreciated for our Halloween party.

Thanks!!



# Announcing



Hospice of Holland Home has become Faith Hospice, an ecumenical initiative involving members of many religious denominations in the greater Grand Rapids area.

Faith Hospice offers compassionate, end-of-life care to all faiths—in the patient's home, in hospitals, in assisted living facilities and skilled nursing facilities or at our new Trillium Woods Hospice Residence in Byron Center. Faith Hospice is the only hospice in West Michigan with two fulltime, board-certified, palliative care physicians on staff.

Our Trillium Woods Hospice Residence is located on more than 100 acres of tranquil, wooded land and offers a dignified and caring environment:

- Spacious, private suites with bath or shower and access to balconies or patios large enough to accommodate patient beds
- w Whirlpool tubs
- Family-centered approach with roomy lounges and a communal kitchen
- No Chapel designed for worship, prayer or meditation
- Dedicated, giving staff providing quality-of-life care

Call (616) 356-4820 for more information.

# **September Hot Menu**

Tuesday	Wednesday	Thursday	Friday
	Goulash Spinach Peaches Garlic Bread Juice	2 Oven Fried Chicken Mashed Potatoes Sauteed Cabbage Corn Muffin Apple	3 Cavatappi Broccoli Dinner Roll Tropical Fruit Salad Cherry Crisp
7 Pizza and Breadsticks Salad and Dessert with an Elder Law Solutions Seminar	8 Turkey Noodle Cass Broccoli Squash Peaches Wheat Bread	9 BBQ Pork Baked Beans Corn Banana	10 Leomon Baked Fish Garden Rice Green Peas Roll Blueberry Crisp
14 Walking Taco Mexican Rice Asparagus Orange Juice	Pepper Steak Mashed Potato Lima Beans Carrots Fruited Gelatin	16 Lasagna Corn Broccoli Garlic Bread Apple Juice	Chicken Wings Parsley Potatoes Mixed Vegetables Bread Ambrosia
21 Sloppy Joe Peas & Carrots Baked Beans Banana	Tilapia Baked Potato California Veggies Tropical Fruit Angel Food Cake w/ Cherry Topping	23 Bourbon Chicken Rice Mixed Veggies Broccoli Dinner Roll Apple Crisp	24 Pork Ribbette/ Bun Spinach Pineapple Chunks Tossed Salad
28 Chicken Ala King/ Biscuit Carrots Peas Fruit Cocktail Rice Krispie Treat	Grilled Chicken/Bun Baked Beans Corn Mandarin Oranges Brownies	Swedish Meatball Noodles Asparagus California Veg Cake Banana	September

• Menu includes 1% milk and 1 tsp.

• Menu is subject to change Daily Allowance (RDA) Margarine

Meals supply 1/3 of the Recommended Georgetown Senior Center recommends at least a \$2.00 donation for each meal

# Happy Birthday and Anniversary to...

# SEPTEMBER BIRTHDAYS

#### 1 **Dwight Gosling** 2 Nancy Schuur Anna Brown 4 5 Rose Russo Joyce Mackay 6 Lorraine Copron Barbara Batey Genevieve Driesenga 8 9 Donna Sterk Richard Olson Marie Tiesma 11 Ellen Hoffius 15 Coral Kastner 16 Bobbi Clark **Bess Roberts** 18 19 Bonnie Dombrowski 20 Alma Lucas Adrianna Passchier Jackie Blanchard James Salton Mickie Phillips Carl Somer 21 Leslie Pentico 22 Aloha Meyer Marcia Baker Janet Hoekstra Grace Bluhm 23 Arlene Schuur Jerry Stob Hannah Boylen 25 Rennie Meyer 27 John Wagenaar Lois Muno Grace Wigger 28 Jan Frantz Sharon Bajema 29 Roger Scheerhoorn 30 SEPTEMBER ANNIVERSARIES

- Gil & Marilyn Dykstra 1
- Peter & Pearl VanderLoon 6
- Art & Connie Overweg 20
- Dale & Marilyn Mohr 21
- Carl & Marian Sommer 25 William & Ruth DeKraker
- 28 Hank & Betty Timmerman

# OCTOBER BIRTHDAYS

- Marge Andrakowicz 3
- 5 Flo Kosten
- 6 **Bob Barnes** Donna Barnes
- 7 Richard Rexford
- 8 Rosemary Trimpe Karen Langenbach
- 12 Gerrit Van Leeuwen
- 13 Martha Iacoboni Maxine Vogelaar Terry Brown
- 14 Pat Robertson
- 15 Nell Hollenbeck
- 16 Ann Bouma
- 17 Karen Stevens
- Elmer Lick Pat Slagter 19 Lauri Woudstra Shari Evans
- 20 Pam Garza
- 22 Etta Robrahn
- 24 Pam Haverdink
- Phyllis Brown 26 Dale Gaut Kay Larmor
- Roni Loughner 27 Ray Obetts
- Irene Peterson 28
- 30 Ruth Boomsma
- 31 Luanne Mulder



# **OCTOBER ANNIVERSARIES**

- Lew & Deb Powell
- 7 Ed & Mary Natte Dwight & Patsy Gosling
- 9 Gerrit & Mae Hoeksema
- 12 Elmer & Joan Lick Ken & Betsy Miedema
- 13 Jim & Shirley Davidson
- 17 Ed & Roni Loughner
- 28 Clarence & Doris Anderson



Monday

Tuesday

# September, 2010

Wednesday

Thursday

Friday

**2**10:00 B/P Check 9:00 Watercolor 10:30 Bible Study 10:15 Exercise 11:45 Lunch 11:45 Lunch 11:45 Lunch 1:00 Watercolor 12:30-2:30 1:00 Cards 1:00 Meijer Party on the Sun Porch 12:30 Bunco 10 79:00 Computer 9:00 Watercolor 10:30 Bible Study Closed 9:00 Quilting 10:15 **NO** Exercise 10:15 **NO** Exercise **10:15 Farm Market** 11:45 Lunch 11:45 Lunch 10:45 Computer 11:45 Lunch 2:30 Trillium 1:00 Cards 11:45 Lunch & 1:00 Watercolor Farms and 1:00 Meijer **Elder Solutions** Hudsonville 12:30 Computer Winery 16 15 17 **13** 8:30 Trim **14** 9:00 Comp 8:00 Kerrytown 9:00 Quilt10:15 9:15 Medical 10:30 Bible Study 10:00 B/P Check & Exercise 10:45 Ann Arbor 11:45 Lunch Monday at Blood Sugar Check Covenant Village Comp 11:45 Lunch 9:00 Watercolor 10:15 Exercise 1:00 Cards 11:30 12:30 Computer 11:45 Lunch 11:45 Lunch 1:00 Meijer 1:00 Eat Smart 1:00 Watercolor 12:30 Calvin Col-Tendercare Cooking Class 1:30 Commodities lege Recital 2:30 ICCF pre-20 22 21 8:30 Coloma **23**10:15 Exercise 8:30 Trim 9:00 Watercolor 11:15 Dept. Han-9:00 Computer 10:30 Bible Study 9:00 Quilting 11:45 Lunch 11:45 Lunch 11:00 Lunch sen Bunch to Phil's 10:15 Exercise 1:00 Watercolor 11:45 Lunch 1:00 Cards Bar & Grill or 10:45 Computer 1:00 Exercise at Any 12:30 Bunco 1:00 Meijer The Mermaid 11:45 Lunch Age held at the 6:45 Master Arts 25 Saturday Bar & Grill in 12:30 Computer Library Call: "Anne of Green 1:00 Spirit of 2:30 Knit/Crochet 457-9620 Saugatuck Gables The America 30 **27** 8:30 Trim 28 8:30 Welling-9:30 Bingo 9:00 Watercolor 10:15 Exercise ton Farm Sponsored by Sunset 9:00 Computer 11:45 Lunch 11:00 The Heritage Home Services. 9:00 Quilting Restaurant 12:45 "Show off Cook Family 10:15 Exercise 11:45 Lunch Your Collection Services, & Lincoln 10:45 Computer 1:00 Watercolor Day" sponsored by Square 11:45 Lunch Sunset Manor 12:30 Movie 1:00 Computer 2:30 Knit/Crochet



# October, 2010



Monday	Tuesday	Wednesday	Thursday	Friday
4 8:30 Trim Noon Potluck Gary Brandt Sponsor: Sunset Manor	5 7:30 Lewis Mrk. Country Dairy 9/10:45/12:30 Computer 9:00 Quilting 10:15 Exercise 11:45 Lunch 2:30 Knit/Crochet	6 9:00 Watercolor 9:30 Jenison Healthfair 11:45 Lunch 1:00 Watercolor	7 9:00 Gilmore Museum 10:00 B/P Check 10:15 Exercise 11:45 Lunch	1 10:30 Bible Study 11:45 Lunch 12:30 Art Prize 1:00 Cards 1:00 Meijer  8 10:30 Bible Study 11:45 Lunch 1:00 Cards 1:00 Meijer
11 8:30 Trim 1:00 Weatherization Workshop	12 9/10:45/12:30 Computer 9:00 Quilting 9:15 Princess 10:00 Flu Shots 10:15 Exercise 10:45 Lunch 1:30 Commodities 2:30 Knit/Crochet	13 9:00 Watercolor 10:15 Farm Market 11:45 Lunch 1:00 Watercolor 7:00 Hope College presents: "Almost Maine"	14 10:00 Hope College Recital 10:15 Exercise 11:45 Lunch 12:30 Bunco 6:30 Civic Theatre presents: "Our Town"	15 10:30 Bible Study 11:45 Lunch 12:00 Flu Shots 1:00 Cards 1:00 Meijer
18 8:30 Trim 9:30 Podiatrist 11:30 Lunch Bunch Reds On the River in Rockford & Wolverine Store?	19 9/10:45/12:30 Computer 9:00 Quilting 10:30 Music@mid 10:15 Exercise 11:45 Lunch 2:30 Knit /Crochet	20 9:00 Watercolor 10:00 Mama's House and Zeeland 11:45 Lunch 1:00 Watercolor	21 10:00 B/P & Blood Sugar Checks 10:15 Exercise 10:15 Hope College 11:45 Lunch 12:30 Bunco Sponsor: We Care 4 U	22 10:30 Bible Study 11:45 Lunch 1:00 Cards 1:00 Meijer
25 8:30 Trim 9:30 Bingo Sponsored by Sunset Home Serv. Cook & Lincoln Square 12:30 Movie	26 9/10:45/12:30 Computer 9:00 Quilting 10:15 Exercise 11:45 Lunch 11:45 Forest Hills 2:30 Knit /Crochet	27 9:00 Watercolor 11:45 Lunch 1:00 Watercolor	28 11:30 Halloween Party sponsored by: Georgetown/	29 10:30 Bible Study 11:45 Lunch 1:00 Cards 1:00 Meijer

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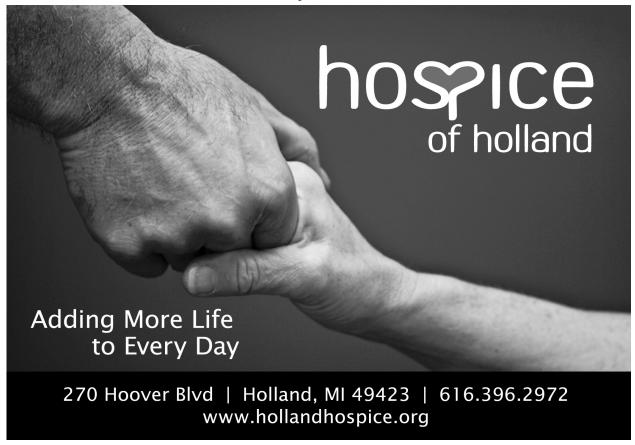
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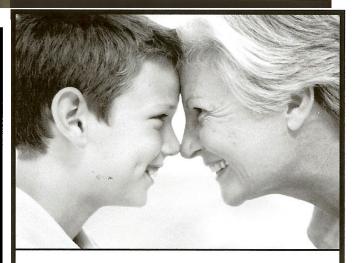
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Our Senior Center is a community focal point on aging where older persons as individuals or in groups come together for services and activities which enhance their dignity, support their independence and encourage their involvement in and with the community. As part of a comprehensive community strategy to meet the needs of older persons, Senior Center programs take place within and emanate from the facility. These programs consist of a variety of services and activities in such areas as education, creative arts, recreation, advocacy, leadership development, employment, health, nutrition, social work and other supportive services. The Center also serves as a community resource for information on aging, for training professionals and lay leadership and for developing new approaches to aging problems.

Georgetown Senior Center 7096 8th Avenue Jenison, MI 49428